



...Raising Cancer Awareness in Rural Africa

www.cancelcancerafrica.org | www.cancelcancerafrica.com



...Raising Cancer Awareness
in Rural Africa

BUY A BRICK



In april of 2017, we started the project of building a free community centre in benin, Nigeria, We need your support.

To make a Kind Donation towards this £45,000 Project,
Please use any of the following Platforms:

online:

www.cancelcancerafrica.org
wwwcancelcancerafrica.com

Cheques: Cancel Cancer Africa.
48 Vicarage Square. Grays, RM17 6JJ.
England.

Bank Transfer:

UK: Natwest Bank
Act No: 72413271
Sort code 600911

Africa: Skye Bank.
Acc No: 1771268661

REASONS FOR A HEALTH CENTRE IN RURAL AFRICA



Following our work in rural Kenya, South Africa and Nigeria, it has become apparent that the need for a contact point is highly essential. We have volunteers and health workers going into the rural communities to meet people, but we do not have a fixed place where people can come to meet us for Cancer advice.

We want to create a free Centre where people can come for free checkups, be taught how to self-examine themselves and in the future provide ultrasound screening and laboratory test.

To do these deep in the rural communities is a huge challenge for us due to the logistics of bringing the working materials to the site as well as funding.

We are looking forward to making this vision a reality; it will be a huge step upwards in many levels. We hope this will encourage other charities and people to do more for their local communities.

We know it's going to be hard, but we are 100% committed to making this a reality. The joy of seeing the first group of people walking into the Centre will be priceless.

Once again, we thank you for your kind support and look forward to making this a reality with you and for the people in rural Africa.



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CANCEL CANCER AFRICA

Raising awareness in rural africa



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www.cancelcancerafrica.org
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WELCOME TO [CANCEL CANCER AFRICA]

This whole idea to start a charity started in a very unusual way. My father was diagnosed with prostate cancer and kept it quiet for over seven years. He never revealed it to anyone due to his traditional beliefs and the culture of his African roots. It's quite sad, because if only he had spoken out, he would be alive today.

On my visit to Nigeria for a Christmas holiday with my mum and dad, least did I know that we were celebrating our last dinner together.

He complained of not feeling well and that he felt like fainting. We rushed him to the best hospital in town, hoping that it was just malaria or otherwise. He never recovered. He instructed the medical team not to reveal to us his diagnosis and that made my decisions even harder, as I was not sure what path of treatment to agree to when suggested by the medical team. We were advised to take him home for care.

After 14 weeks at the hospital, we eventually took my father home. His grandchildren were all there and played with him while lying in bed for two days. We got him some home care nurses and all the necessary things he needed.

I can still remember my dad telling me thank you the last night I left him for a TV recording. I was called in the middle of a live TV show by my mum, that my dad was dead.



During the funeral arrangements and talking to families and friends, I got to understand that most people do not know a lot about symptoms. Most thought it was a disease that only affected people in the west (white people). Some thought it was witchcraft. Some said if you cheated on your partner you get punished with Cancer.

All this got me inspired to read more about the basics of prostate and breast cancer. I started talking to a few people, telling them about the early signs and symptoms. They initially were resistant, but over a period of six months, I found out that we were beginning to gain the acceptance of the local community. It was a very expensive task, as everything was self-funded.

We have continued working in the local community and have over the years made a lot of difference to the communities.

This publication is to give you in-depth information of our vision, our work, and our future. I thank you all so much for your kind support and look forward to doing more in Africa together.

You can find more about us at www.cancelcancerafrica.org



ABOUT **CANCEL CANCER** AFRICA



We raise Cancer awareness by educating the rural villages in Africa about the early Signs and Symptoms of Cancer. We aim to reduce the rate of Mortality & Morbidity caused by Cancer in Africa, by building capacity, raising local awareness and providing free services.

Our Key Tasks is to.

- Educate the rural men and women in Africa on the early Signs and Symptoms of Cancer,
- Provide free Screenings/Examinations,
- Conduct public activities to Raise Cancer Awareness,
- Collaborate with local governments to Develop long-term plans/training towards providing a sustainable solution for Cancer care.

Cancel Cancer Africa is a registered UK Charity with a mission to help reduce the rate of mortality and morbidity caused by cancer in Africa. We are concerned about the low level of awareness of the early signs and symptoms of Cancer in African communities.

Cancel Cancer Africa believes that by engaging volunteers, both medical and non-medical, to work in collaboration with health departments, we will be able to create a sustainable service.

We understand the funding and infrastructure challenges faced by local health departments; hence the need to continue to offer our free services to help support their national and local programs.

- What we do is very simple and sustainable.
- How we do it is easy to replicate and
- Where we work is safe for all volunteers.

We welcome volunteers from every part of the world and your support and donations helps us do more each day. To make a kind donation please go www.cancelcancerafrica.org



BECOME A PARTNER

Cancel Cancer Africa partnership is an inspiring way to support the Charity's work and to participate in reducing the number of people dying from Cancer in Africa.

As a partner, you will be helping to fund

- Our local health workers who visit the rural people giving them free advice and examinations
- Build the local Cancer Community Centre.
-

Your support makes a real difference. If you would like to consider giving a little extra on top of your partnership, simply add the amount on the form.

You can purchase partnership:

- On line: at www.cancelcancerfrica.org
- Or email: partners@cancelcancerafrica.org

Partners Benefits:

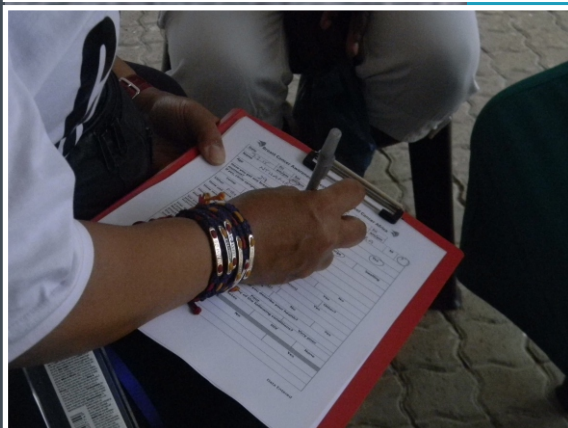
- Free entry to any of our UK events.
- Priority seating at all our events.
- Priority approval for all voluntary work in Africa.
- Invitation to TV/Radio interviews.
- Invitation to other events we associate with.
- Regular e-newsletters.
- Partner: £45 per annum
- Enjoy our events all year round
- Partner Plus donation: £65 per annum
- Share your passion on our platform and bring a guest to all our events.

To speak to someone about being a partner or to find out about other ways of supporting Cancel Cancer Africa Charity, please contact the partnering team via email partnership@cancelcancerafrica.org
All Partnerships can also be purchased in memory of a loved one.

Join Today

Annual Partnership Type

- Partners £45
- Partner Plus £65



Send cheques to: Cancel Cancer Africa, 48 Vicarage Square, Grays. RM17 6JJ. UK

Alternatively, you can purchase your partnership online at cancelcancerafrica.com

Please allow 10 working days for your partnership card and pack to be delivered.

"If you forced me to pick the single most rewarding achievement in my long charitable service then I would not hesitate to say that it was registering the Charity in the UK.



It was a hugely important step forward for Cancer awareness services to Africa at the time and for me personally. Since 2009 we have always been innovative in sharing our messages to the rural people as well as encouraging volunteers to travel with us to Africa"

Ronnie Jacobs. Founder of Cancel Cancer Africa.



Summary of LAB FM (Life Above).

The LAB (Lift ABOve) community health radio is a platform to help raise awareness about communicable and non-communicable diseases.

Vision and Objectives:

Our vision is to reduce the rate of mortalities and morbidities caused by communicable and non-communicable diseases.

The objective of LAB FM is to build people's capacity, so that they will be able to make informed decisions about their health.

The radio station will run for 24 hours, 7 days a week in various community languages. It's focus will be:

- Developing health awareness programs that will educate our audience,
- Discuss care and prevention methods with medical practitioners,
- Give good health advice through qualified medical practitioners.

Coverage:

LAB FM will cover a 30km radius, which will reach over 500,000 (five hundred thousand) people daily. Although the station will be located in Benin City, for security reason, it will be able to cover all the rural communities we work and more.

LAB FM will be the 1st ever health community digital radio in Africa, that solely focuses on health matters and driven by a charity. All funds raised through our partners would be redirected into developing more programs and activities to help raise good health practices.

Cost:

Total setup cost:	£97,600
Operational cost per annum	£11,000



Kenya Was A Success

We pride ourselves as everything we do is open for all to see and we thank every partner and volunteer who keep praying for us and working with us to make a difference in Africa.

In Kenya we examined over four thousand people in one week across seven communities. It was the hardest task we had ever done, but the spirit and effort from both the volunteers and the local health workers was a revelation.

We keep pushing on. We work hard to make sure that 100% of donations we get go directly to the work on the ground.

Our program gives you a life changing experience filled with rewarding hard work, fun and very big smiles from those we help each day. You will be required to travel long distances daily, deep into the rural villages, engaging with the local people.





**Kenya
Was A
Success**



**Kenya
Was A
Success**



**Kenya
Was A
Success**

Two therapeutic radiographers joined a team that travelled across seven rural communities in Kenya to help raise awareness of breast cancer and the importance of early intervention.

Cancer Partners UK Centre Manager Jacqui Dorney and Research Radiographer Lynne Omar, from Omar Medical Ltd, visited the Busia County region of Kenya, near the Ugandan border.

They travelled with a small team including Ronnie Jacobs and daughter Amber Omar.

The Cancel Cancer Africa trip was organised working in partnership with local doctors and volunteering nurses.

The team provided educational road show, handing out leaflets explaining what signs and symptoms to look out for, demonstrating how to perform self-examinations and encouraged women to go to see a doctor if any problems occur.

Our hope was to take a portable laptop ultrasound so that any initial diagnostic tests needed could be carried out immediately.

Lynne was looking for an opportunity to carry out some charity work when she discovered Cancel Cancer Africa. She had previously spent five years as a member of a research team funded by Cancer Research UK at Kings College London University, looking at promoting the early presentation of breast cancer.

She said: "As soon as I heard about Cancel Cancer Africa, I knew I wanted to get involved". Their last trip to Nigeria attracted over two thousand women who wanted to learn more or wanted to have a breast examination, and this resulted in eight women being referred for further investigations.

"

By working alongside a team of doctors from Kenya we were able to use our expertise with the added problem of language or cultural barriers."

The health awareness programme is still looking for more volunteers. While experience working in breast cancer would be useful, it is not essential, as long as an applicant is enthusiastic and has the drive to make a difference.

Volunteer to Africa



Volunteers will need to be available for one to two weeks and pay for or secure sponsorship to cover the cost of their flights, insurance and vaccinations. Cancel Cancer Africa secures funding to cover accommodation, security, food and local travel.

Jacqui comments:

"I hope more volunteers sign-up: the more of us there is, the more people we will be able to see. I feel so lucky to be involved with this project. It is an amazing thing to be able to go and do. If we make a difference to just one life, then it will have been very worthwhile."

Anyone interested in finding out more about volunteering can contact Cancel Cancer Africa by emailing info@cancelcancerafrica.org or visiting www.cancelcancerafrica.org

The program was a huge success and all the volunteers worked extremely hard in scorching heat to educate as many women as we had.

Over a seven day period, we attended to over 430 women and travelled over 800KM of rough and dusty rural roads. Tired as we were, it was well worth it. Nothing compares to seeing the realisation on someone's face, knowing that you've just saved a life.

We arrived in Limpopo at 15.30pm on the 5th of March from London Heathrow airport.

After a few hours rest we then had an evening meeting planned with the local health team to discuss the eight days of activities.

- | | |
|-----------------------------|---|
| Day One - Clinics. | We travelled 8km to Masisi & Malala Clinics. |
| Day Two - Clinics. | 16km to rural Manenzhe & Tshipise Clinics. |
| Day Three - Clinics. | 10km to rural Madimbo & Tshiungani Clinics. |
| Day Four - | Sunday. (Rest day) |
| Day Five - | 12km to rural Muila & Mulima Clinics. |
| Day Six - | 78km to Muwaweni Clinic. |
| Day Seven - | 80km to Nthabalala Clinic. |
| Day Eight - | 8km to Mbokota Clinic & Elim. |
| Day Nine - | Depart South Africa (13,035km). |

We are able to do this work because people like you made kind online donations via www.cancelcancerafrica.org

VHEMBE, LIMPOPO SOUTH AFRICA.





**VHEMBE,
LIMPOPO
SOUTH
AFRICA.**





**VHEMBE,
LIMPOPO
SOUTH
AFRICA.**

LIFT ABOVE CANCER NIGERIA

In April 2017, we successfully registered Lift Above Cancer (LAC), a non-governmental organisation (NGO) in Nigeria. This is a huge mile stone towards our work in the rural communities.

The vision of LAC is to reduce the rate of mortalities and morbidities caused by Cancer in Nigeria. This is a giant step towards our long term plans in Africa. With a registered charity in Nigeria we can now access and form partnerships with local health centres and hospitals.

The advantages of working as a registered charity in Africa communities are numerous.

We can

- Approach the local government and draft out memorandum of understandings for long terms relationships.
- We can employ staffs and pay them in line with the legal PAYE framework.
- We can access local grants if available from international organisations.
- We can operate legally as an organisation without hindrances and community challenges.
- We can grow our vision.

Our Short Term Plan.

We have been working in Nigeria voluntary, but now we are part of the system. Our immediate plan is to:

- Provide door to door examinations and health checks to catch the symptoms early.
- Register as much people that we can to develop a monthly check up plan.
- Develop a relationship with a registered screening centre.



Our Long term Plan.

We believe that LAC will be a model for us to learn best practises and the legal frameworks required to operate charities in Africa. Our long term goals are:

- To build a fully functioning community health centre that will provide Ultrasound, General health checks and blood tests for the local people.
- To operate a community radio station focuses on health education to help develop the capacities' of the local.
- To use this platform as an example to setup other centre in other rural communities in Kenya and Ethiopia.

We are very excited about the progress we are making in Africa. Since opening (10 days ago) the temporal health centre, we have attended to eighty seven (87) people. Having visited the elders in the community, we are starting to gain the trust of the people and we believe that the more free services we can offer the more we will be able to convince those in hiding to come out for help.

There is a lot we need to do more in Africa, but we are taking it one step at a time. Please feel from to make a kind donation towards our work in Africa.

Thank you, Ronnie Jacobs. Chairman. Cancel Cancer Africa.





Benin Cancer Program

During our Cancer awareness campaign in Benin City, Edo state in 2013, which was partnered with Pan Ocean oil Nigeria, we visited seven communities.

During these visits we offered free examinations to eight hundred and sixty people, and distributed leaflets to over two thousand people.

This exercise was a success and has been followed up with several local programs and activities. This major activity in 2013, enabled the community to accept our free services.







Benin Cancer Program



Benin Cancer Program

WHAT MADE ME SETUP CHARITY

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RONNIE JACOBS

My name is Ronnie Jacobs, I was born in Birmingham, England and my parents are from a rural village in Nigeria, but my father died of prostate cancer five years ago. This made my mother a widow, deprived her of a loving husband of over 40 years of marriage and the chance of my father to play with all his lovely grand children.

One in eight men will be diagnosed with prostate cancer during their lifetime and it is the second leading cause of Cancer death in men in Africa. The rate of late presentations of Cancer symptoms in rural Africa is the number one reason why the number of people dying from Cancer is very high in Africa.

Most countries in Africa do not have the facilities to care for Cancer patients. Imagine a country of over 60 million people with one government MRI with poor women living in rural villages needing to travel hundreds of kilometres to the capital hospital without a guarantee that she will be attended to. We've not even factored in the reality that these poor people cannot afford one complete meal a day.

CCA has been working in rural Africa since 2009 educating the local people about the early Signs and Symptoms of Cancer (prostate, cervical and breast).

Our key task is:

- Educating people on how to self-examine themselves to be able to identify the early signs and symptoms,



- Providing free examinations and screening, and Collating information to help the local government draw out a cancer map for its people.

Aho is one of the local volunteers being trained by CCA in Igueben, a local town in Nigeria that has a high rate of Cancer mortality. Aho lost her mother to breast cancer and has immersed herself in educating the local people in her village so they too do not make the same mistake her mother made.

Since Aho joined CCA as one of the local health workers who visits the rural areas talking one on one with the village people, she has become more aware of the Cancer challenges facing rural Africa.

We as an organisation are confident that the training and experience Aho has gained from CCA will make a huge impact in the lives of local people in the villages in Africa.

People who live in rural Africa cannot afford health care or the logistic cost for getting the required health care.

WHAT MADE ME SETUP A CHARITY

We travel to the rural villages in four countries in Africa; Nigeria, Ethiopia, Kenya and South Africa. It is with the help of the medical and non-medical volunteers who give up one or two weeks of their time from the UK, Canada, and America that enables us to provide these free services to rural Africa.

Our volunteers work with the local health workers and collaborate with the local government medical team to travel across the rural villages providing free examinations, educating and screening services.

Since the beginning of our educative trips to Africa, CCA has examined over 6000 people.

Looking at the challenges, we are determined and committed to increasing the number of local health workers in the villages where we provide free services. Each health worker cost the charity just £1.80 a day.

After Aho's training she will be able to train more trainers to provide the basic training to help us increase the number of local volunteers whereby reaching more people. The biggest impact of our service is the creation of easy access to educative health information about the concerns of any early signs or symptoms noticed.

We are happy with the small progress we are making, but we know that there is a lot more that needs to be done.

Imagine you noticed a lump in your breast, first you will be worried, but the worst scenario is you don't have access to any information or health centre to relieve you of your concerns. This is our biggest concern and we are determined to make a difference.





By giving a regular donation of £3 a month, you will be joining our regular givers to help fund our local health workers.

Your regular gift of £3 a month will help CCA to

- Cover the logistical cost of our local health workers who visit the rural villages.
- Pay the wages and train more local health workers.
- Produce more educative materials and help us reach more people via local radio programs.

Kindly give now online at www.cancelcancerafrica.org.uk or call 07405 144 789 cancel-cancer.

Cancel Cancer Africa is a registered UK charity: 1165140. "Helping to beat Cancer in Africa one small step at a time".

Thank you for partnering with us to help rural Africa.



ABOUT THE EVENT

(CHABSUK)

Twice a year (April/October) we celebrate with Body painting to help raise Cancer awareness in Africa. ChabsUK, which means "Creative health and beauty show" is simply a 90 mins packed event that blows your mind leaves you looking forward to the next one.

Every time we come together, it's like a union of families and friends coming creatively to help make a difference in Africa.

In 2017, we will be having our fourth (4th) London Show October 21st, at the Design Museum which is just a 10 minute walk from Kensington High Street or Earls Court underground station.

ChabsUK will feature over forty (40) body painters from across the UK and abroad. For the extras we will be featuring Belly dancing, live Performances.

By supporting with your £15 ticket for this event, you will be helping us:

- To keep our community health centre open to continue to provide free services to the local people in Africa.
- To employ more local health workers to reach more people.

On entry to the event, we will welcome you with a free drink and an open bar throughout the event.

Come and enjoy an electric display of Fashion, Dance, Live musical performances and creative body painting from the warmest creatives. It's a night you just need to put in your diary.

Get your tickets now as seats are limited. just don't leave until you collect your free goody bag.

To book your ticket, kindly go to www.chabsuk.org/tickets To see more of what we do please go to www.cancerafrica.org



EVERYTHING YOU NEED TO KNOW ON HOW TO GET TO **CHABSUK**

CANCEL CANCER

AFRICA

Parking, Directions, Opening and Closing times. Thank you for your kind support. It's sure going to be a wonderful experience for all of us. We just can't wait!!

What time will the event start?

- The main doors open at 6.15pm.
- The events officially start at 6.30pm and ends 8.00pm.

How do I get to the Event?

- The nearest tube station to the venue is Kensington High street or Earls Court underground stations.
- Which is on the District or Circle line respectively
- It is about 10mins walk from either station.

Is there Parking at the Venue?

- There is no free parking at the venue.

Can I buy tickets at the Door?

- Yes, you can purchase tickets at the door for £15.00
- Your ticket gives you access to free drinks also.

What is the Address?

- 223-224 High Street Kensington, London. W8 6AG.

Who can I call if I need help?

- Event Mobile: 07594 669 401.
- Event email:
info@cancelcancerafrica.org

Where do I buy tickets online?

www.chabsuk.org



LES

LONDON
BODYPAINTING
FESTIVAL

S U M M E R 2 0 1 8
@KENSINGTON MEMORIAL PARK

Anticipate



CHABSUUK

BODYPAINTING | FASHION | DANCE

OCTOBER 21ST, 2017 @THE DESIGN MUSEUM

EVENT: 6:30PM - 8:00PM | Ticket donations £15

Register at www.chabsuk.org